

Independent Living Research Utilization



We create opportunities for independence for people with disabilities through research, education, and consultation



Independent Living Research Utilization

www.ilru.org

IL-NET

CIL-NET · SILC-NET

SPIL Training and Technical Assistance Monthly Series

Section 1.1-1.3 - Mission, Goals, Objectives

November 2, 2023

Presenters:

Sandra Breitengross Bitter

Jeremy Morris

What you will learn

- How the mission, goals, and objectives will shape the core of your State Plan for Independent Living.
- How developing an outcomes-based plan, following a logic model, can ensure Plan goals and objectives are reasonable and achievable.

Instructions and Instrument

State Plan for Independent Living Instructions and Instrument

- This link will take you to a direct download of the latest instructions for the SPIL (expiring in 2026) and the instrument, which is the template for filling out your State Plan.
- **NOTE FOR LINK:** *All instructions* (language not included in the SPIL Instrument itself) *are in italics.*

Outcomes-Focused and Using Logic Models

- The mission, goals, and objectives should be **outcomes-focused** with clearly stated outcomes to be achieved.
- A logic model may help you organize each **goal and objective** to ensure it stays on track toward a specific outcome.
- When developing your logic model, it will be helpful to include the **activities planned to achieve each objective**—**BUT you are not required to include activities** in the SPIL for submission to ACL/OILP.
- Appendix B of the Instructions and Instrument includes a sample logic model.

Outcomes vs. Outputs

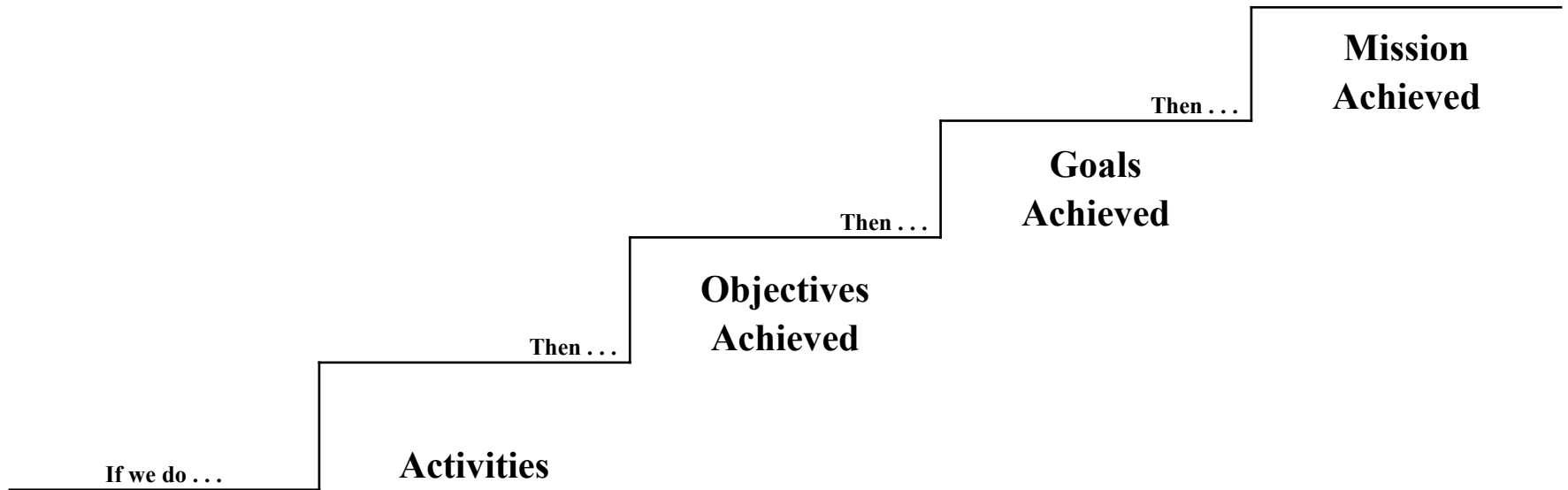
Outputs are how much work is done:

- Example: number of people served, hours of service, number of activities conducted, number of public service announcements, etc.

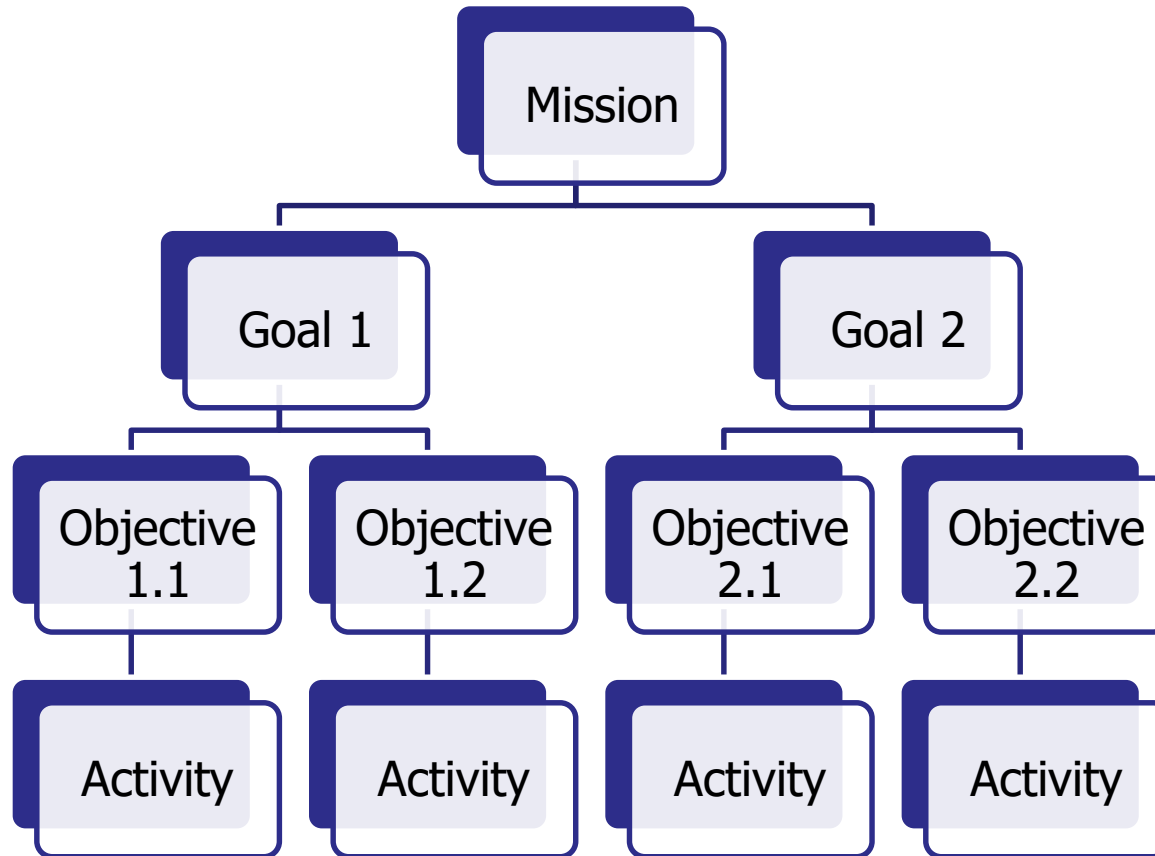
Outcomes are the changes or results you want:

- Example: changes in individuals (knowledge, skills, etc, changes in organizations (attitudes, programs, etc.), changes in communities (attitudes, accessibility, etc.)

The Conceptual Chain



Sample Logic Model



Section 1.1 Mission

1.1 Mission of the Independent Living Network and the SPIL.

- In developing the mission statement, keep in mind this is the mission of the IL Network in your state and the SPIL is the vehicle to address it.
- The mission is the highest outcome in the long term, and the SPIL goals and objectives should all be aiming toward achieving this mission.

Section 1.1 Mission, cont.

Examples:

“(state)ians with disabilities participate fully as they like in community activities.”

or

“(state)ians with disabilities are valued equally and participate fully in their communities.”

or

“The mission of the (state) Independent Living Network is to empower (state)ians with disabilities to live as independently as they choose.”

Section 1.2 Goals

Goals of the IL Network for the **three-year period** of the plan.

- *Goals are the intermediate outcomes, what you want to achieve, that build toward the mission.*

Section 1.2 Goals, cont.

Examples:

“Individuals with disabilities live independently in the community.”

“Formerly underserved populations are served by CILs.”

“Network Capacity and Sustainability: The Independent Living Network operates effectively, is adequately funded, and has the capacity to expand.”

“Establish a statewide network of centers for independent living.”

Section 1.3 Objectives

Objectives for the three-year period of the plan – including geographic scope, desired outcomes, target dates, and indicators. Including compatibility with the purpose of Title VII, Chapter 1.

- *Objectives are specific outcomes – the changes you want to result from what you do – that build toward the achievement of a goal.*
- *Objectives should be outcomes-focused, measurable, and have timelines/target dates.*
- *Objectives may include specific amounts and sources of funding to be used for an objective or activity.*

Section 1.3 Objectives, cont

Be realistic with objectives, and do not include more than can be achieved in the 3-year period of the plan.

*****Do NOT include all the CILs work-plan objectives—the SPIL and the CIL work plans should work together but not duplicate each other. *****

Measurable objectives include indicators—what information will tell you if you are being successful in achieving the objective—how you will know how fully the objective is being achieved.

Section 1.3 Objectives, cont.

Examples:

Goal 1. Individuals with disabilities live independently in the community.

- *Objective 1.1 Individuals with disabilities have access to transportation.*
 - *Indicator 1.1 Availability of accessible transportation increased by ___%.*
- *Objective 1.2 Individuals with disabilities have access to the community-based resources they need.*
 - *Indicator 1.2 Waiting list for _____ Waiver was eliminate/reduced by ___%.*



Section 1.3 Objectives, cont.

**APPENDIX C
FULL SPIL PLANNING TABLE**

Specific Objective	Specifics of Each Objective				Action Strategy for Achieving Each Objective				
	Measurable Indicators	Geographic Scope	Target Performance Level for Year 3	Target Progress Between Now and Year 3	Necessary Activities	Lead Organization	Key Partner(s)	Resources Needed	Funding Sources

For on-going technical assistance, contact:

Paula McElwee

paulamcelwee.ilru@gmail.com

559-250-3082

Resources

- [The Rehabilitation Act:](#)
- [Independent Living Regulations:](#)
- [State Plan for Independent Living Instructions and Instrument:](#)
- [SILC Indicators](#)

IL-NET (CIL-NET and SILC-NET) Attribution

Support for the development of this training was provided by the Department of Health and Human Services, Administration for Community Living under grant numbers 90ILTA0001 and 90ISTA0001. No official endorsement of the Department of Health and Human Services should be inferred. Permission is granted for duplication of any portion of this PowerPoint presentation, providing that the following credit is given to the project: Developed as part of the IL-NET, an ILRU/NCIL/APRIL National Training and Technical Assistance project.